IN THE CLAIMS:

We claim:

A marking surface providing penmanship improving indicia, comprising:

 a marking area including ink capable of disappearing; and
 an overlying barrier sheet for preventing permeation of air, said overlying

barrier sheet being removably affixed to the marking surface;

wherein removal of said overlying barrier sheet initiates a chemical reaction process in which said ink disappears with time.

- 2. The marking surface of claim 1, wherein said barrier sheet is a sheet of synthetic polymer.
- 3. The marking surface of claim 1, wherein said barrier sheet is a sheet of lightweight aluminum foil.
- 4. The marking surface of claim 1, wherein said marking area includes an area for writing a note between a plurality of lines formed from said ink.
- 5. The marking surface of claim 1, further comprising a series of instructions located on said barrier sheet.
- 6. A system for providing guidance for writing a note, comprising:

a writing surface including a guidance means formed of a substance capable of disappearing; and

an activating cover for initiating a reaction process when placed over said writing surface, thereby causing said substance to disappear.

- 7. The system of claim 6, wherein said activating cover is treated with an oxidizing agent for reacting with said substance on said writing surface to cause said substance to disappear.
- 8. The system of claim 6, wherein said activating cover is a sheet of

synthetic polymer.

- 9. The system of claim 6, wherein said activating cover is a sheet of light-weight aluminum foil.
 - 10. A method for providing a writing surface with penmanship improving indicia, comprising:

treating the writing surface with a disappearing substance to form the penmanship improving indicia; and

covering the writing surface with an air-impermeable cover to prevent exposure of the writing surface to air.